

COMMUNITY GRANTS NEWSLETTER

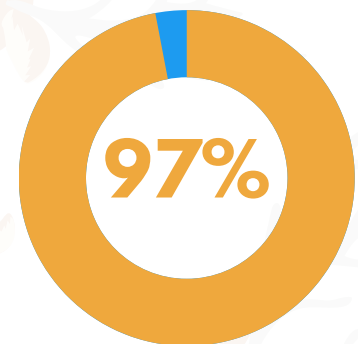
A monthly publication by Landau Limited

COMMUNITY GRANTS CELEBRATION EVENT

We held two wonderful events last month celebrating the success of the Community Grants project since its launch in January 2020.

Funded by the ESF, the aim of the scheme has been to provide targeted support to small and voluntary organisations in the form of grants for initiatives which help move unemployed people, aged 18 and over, towards employment, training or education.

In Shropshire, the Community Grant scheme has funded 46 different projects and supported over 600 individuals. In Herefordshire, the Community Grant scheme has funded 31 different projects and supported 334 individuals.



Total grant fund awarded

5 NEW YEAR RESOLUTIONS WORTH MAKING

To enjoy life a bit more

We often make New Year resolutions and sometimes they don't always go to plan, or we might see them as pointless later on. However, it's important to see the bigger picture. To make great memories and treasure them, you need to go out of your comfort zone and explore what the world has to offer. Focus on yourself a little bit more and make time for yourself.

To look after yourself

It can be difficult to want to do this when you're going through a lot mentally. However, it's really important to look after yourself because it helps you feel more positive about what you have coming up.

Being able to look after yourself includes ensuring you get enough sleep, drinking plenty of water and making sure you're there for yourself when you need it the most.

It's a great feeling when you start to invest time in yourself, including taking extra special care of your mental and physical health.

To live in the moment

Living in the moment is such an amazing thing because it really makes us treasure what life has to offer. Try not to dwell too much on the past or worry as this can often set you back. Losing sleep because of anxiety can be very draining. Living in the moment helps massively, giving you more self-control over your mind, body, and emotions in general.

To learn something new

We all have something that we want to try and do and we just haven't quite got round to doing it yet. Actually doing it will enhance your quality of life, providing you with an escape when you need it the most which can be very satisfying.

Take a break from social media

It's important to know the signs as to why you should take a break. The main one is that you may often compare yourself with others, which can lead to quite a toxic cycle. You may also be seeing lots of negative content. Taking a break can be so beneficial and it will definitely make you feel a lot better!

NEWS FROM LANDAU



The Community Grants team and everyone at Landau have been getting in the festive mood this month and are looking forward to a lovely break after a busy year. On 8th December, we celebrated Christmas Jumper Day in our Hadley office and enjoyed some yummy treats and Christmas tunes while raising money for Ronald McDonald House Charities (RMHC).

The following day, our Community Grants Coordinator, Kate, visited Landau Training & Enterprise Centre in Wellington to attend the Coffee Morning hosted by learners, who did a brilliant job selling homemade goodies and holding a raffle. On the same day, Landau's ambassador Daniel Noon was busy raising money for our Christmas jumper charity RMHC. Landau worked closely with Daniel in 2013 to help him secure his dream job at Network Rail and nine years later he is still loving it. Some of the All Age Autism team visited Daniel to support his fundraising karaoke and his Employment Adviser surprised him with a birthday present too!

PARTICIPANT START DEADLINES

As we are nearing our overall project deadline, we would like to remind all Community Grant partners that any participants have to sign up before 31st dec.

Sign-up forms, must be dated on or before 31st December.

OUTCOMES

As you move throughout your project journey, our team will contact you to organise meetings over the next six months in order to discuss the progress of your delivery, monitor your performance and ensure your outcome targets are on track. We will also provide support for outcomes, financial expenditure and paperwork training.

This is a mandatory requirement as per your contract.

